

## Independent PE Guidelines

### Guidelines:

- All courses must be pre-approved by the school counselor/administrator.
- **Only one (1.0) junior high credit of P.E. can be earned through Independent PE.**
- Independent PE will be granted for the following areas:
  - \* Olympic-geared sports training
  - \* Competitive Dance, Swim, Gymnastics, Martial Arts, Skating

### Process Steps:

1. To begin the registration process, parent/guardian needs to submit the following documents to grade-level school counselor:
  - a. Independent PE Guidelines, signed
  - b. Permission for Release Time, signed
  - c. Coach's letter (*\*See below\**)
2. Once the above documentation has been received, the student's campus-based schedule will be changed to reflect a Release Period (1<sup>st</sup> or 7th hour). **Parents are responsible for student transportation. (See attached Consent Release form.)**

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**Coach's letter** - Parent must submit a letter from the student's coach. The coach's letter should include the student's name, the competitive sport (nature of training) and the number of hours of practice per week. Letter must be submitted on official letterhead and include the coach's name, contact information and signature. **One letter per semester of enrollment in Independent PE is required.**

### **GPS GOVERNING POLICIES AND REGULATIONS**

POLICY IIE,IIE-R: Student Schedules and Course Loads. It shall be the responsibility of the school administrator, with the cooperation of assigned counselors, to assist students in the scheduling of classes. Students will be enrolled in consecutive periods on campus based on course availability. Release time forms are required for students arriving on campus after the first period and/or leaving before the last period of the day. Junior high students must be signed out daily by a parent. Students arriving or departing from campus at nonstandard times must arrange their own transportation.

Student Name: \_\_\_\_\_ Student ID#: \_\_\_\_\_  
Parent Acknowledgement: \_\_\_\_\_ Date: \_\_\_\_\_  
Counselor Approval: \_\_\_\_\_ Date: \_\_\_\_\_

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( ) Guidelines Rec'd \_\_\_\_\_ ( ) Consent for Release Rec'd \_\_\_\_\_ ( ) Release Time Assigned \_\_\_\_\_

**Counselor Use Only**