

Independent PE Guidelines

Guidelines:

This course is an opportunity for students who participate in highly competitive club and league sports to use their practice and competition time to earn PE credit. Students must complete 100 hours of organized sports activity, log their participation, and submit a signed attestation from their coach.

Process Steps:

1. To begin the registration process, parent/guardian needs to submit the following documents to grade-level school counselor:
 - a. Independent PE Guidelines, signed
 - b. Permission for Release Time, signed
 - c. Coach's letter (**See below**)

Coach's letter - Parent must submit a letter from the student's coach. The coach's letter should include the student's name, the competitive sport (nature of training) and the number of hours of practice per week. Letter must be submitted on official letterhead and include the coach's name, contact information and signature. **One letter per semester of enrollment in Independent PE is required.**

2. Once the above documentation has been received, the student's campus-based schedule will be changed to reflect a Release Period (1st or 7th hour). **Parents are responsible for student transportation. (See attached Consent Release form.)**

GPS GOVERNING POLICIES AND REGULATIONS

POLICY IIE,IIE-R: Student Schedules and Course Loads. It shall be the responsibility of the school administrator, with the cooperation of assigned counselors, to assist students in the scheduling of classes. Students will be enrolled in consecutive periods on campus based on course availability. Release time forms are required for students arriving on campus after the first period and/or leaving before the last period of the day. Junior high students must be signed out daily by a parent. Students arriving or departing from campus at nonstandard times must arrange their own transportation.

Student Name: _____ Student ID#: _____
Parent Acknowledgement: _____ Date: _____
Counselor Approval: _____ Date: _____

Guidelines Consent for Release Coach's Letter

Counselor Use Only