**PHYSICAL EDUCATION COURSE SEQUENCE**

PE 100 INTRODUCTION TO PE (BOYS)

PE 101 INTRODUCTION TO PE (GIRLS)

PE401 UNIFIED PHYSICAL EDUCATION

PE 220 / 221 INTRODUCTION TO WEIGHT TRAINING

PE 225 ADVANCED WEIGHT TRAINING

PE229 INTRODUCTION TO SPORTS TRAINING (ATHLETES)

PE230 ADVANCED SPORTS TRAINING (ATHLETES)\*elective or CTE/FA credit for 4 years

PE800 ATHLETIC PHYSICAL EDUCATION \*elective credit only

**DANCE**

PE105 BEGINNING DANCE

PE106 INTERMEDIATE DANCE

PE107 ADVANCED DANCE

PE112 COMPANY (SOULMATIC RHYTHM)

\*satisfy one FA credit

**SPORTS MEDICINE**

PE 500 SPORTS MEDICINE I

PE501 SPORTS MEDINE II

PE502 SPORTS MEDICINE III

\*elective or CTE credit