**How to Establish a Structured Homework Routine**

Step 1: Set reasonable expectations. Ask teachers to **estimate how long homework should be taking** a typical student on a typical evening.

Step 2: Establish a **consistent & structured study block** (for students this age, it should be between 1 ½ - 2 hrs/night).

The goal of establishing good work habits in the home environment should be the carryover ability to use these habits and skills in the classroom setting. You therefore must prepare the child to work under typical classroom conditions and to meet expectations similar to those of the teacher.

Step 3: Parent is encouraged to help student **develop organizational and time management skills** by **assisting students in the planning and prioritizing of daily work.**